



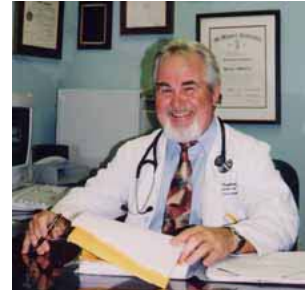
MANGOSTEEN RESEARCH INTRODUCTION

The Mangosteen, if scientific research is any indication, is perhaps the most important fruit on earth.

The Mangosteen contains several classes of phytonutrient antioxidants and is the only place in nature to contain a broad spectrum of a new class of phytonutrients called Xanthones. The potent effects on human health of the Mangosteen have been observed for centuries in Southeast Asia, and have been scientifically documented. Here is a summary of the benefits of the Mangosteen:

Mangosteen:

"I am convinced that Mangosteen will, without a doubt, be the most successful food supplement ever." – J. Frederic Templeman, M.D.



Dr. Templeman is a practicing primary care physician, board-certified in both the US and Canada who has never before endorsed a food supplement. But after testing a Mangosteen derived Juice on his patients, Dr. Templeman went on to publish ***MANGOSTEEN, THE X FACTOR***. You may order his booklet from his website: www.mangosteenmd.com. His booklet summarized both the observations of the native healers and peoples of Southeast Asia, and the scientific research that now documents the potent effects of this amazing fruit.

As Dr. Templeman states in the beginning of his book, "what is impressive about these studies is that ***all the scientific studies on Mangosteen are independent. The studies have no commercial bias.***" In addition, while potent effects are noted with profound implications for human health, no safety or toxicity issues have been noted.

Disclaimer: No medical claim is made on any particular product. Dietary supplements are not a substitute for treatment by your licensed medical professional.

Mangosteen – What is it?

The Mangosteen is tangerine-sized and is deep purple in color on the outside, with a bright white pulp in the inside. Prized because of its excellent flavor, in Asia it is called the "Queen of Fruits," and, in the French Caribbean, the Food of the Gods." Used for centuries throughout the lands in which it grows, recent scientific studies have revealed an incredible scope of potent human health benefits leading many to believe that Mangosteen will be the most important fruit on earth.

Mangosteen: The X Factor

The following is a summary from Dr. Templeman's book "Mangosteen: The X Factor".

Immune System

Protects against pathogens, sepsis, influenza, pneumonia, tuberculosis, AIDS, and diverticulosis. Anti-bacterial, anti-viral, anti-fungal! Laboratory demonstrated to interfere with HIV protease, which keeps the virus immature and incapable of infections. Thai study demonstrated effectiveness against staphylococcus aureus bacteria. Polysaccharides in the rind stimulate phagocytic immune cells (PMN's and monocytes). Effective against salmonella, typhus and tuberculosis bacteria!

Asian healers have used Mangosteen for centuries for syphilis, malaria, and amebic dysentery. In South America, it is used for intestinal worm infestations.

Anti-Tumor Properties

Catechins in Mangosteen: Prevent formation of carcinogenic compounds by blocking co-carcinogens. Turn up body's natural detoxification defenses. Suppress cancer promotion or growth.

Gastro-Intestinal System

Dysentery, GI pathogens, diverticulosis, histamine and serotonin blocking capacity. Reduces excess stomach acid. Anti-allergic effect. Anti-stomach ulcer.

Respiratory System

Mangosteen study in September 2002 reported that it is an anti-inflammatory and anti-allergenic agent. Relevant for asthma Xanthenes modulate IGE, antibody class involved in allergic reactions. Mangosteen can accomplish "what we now use several drugs to do. Ideal product to use daily to protect our respiratory system's integrity"

The Central Nervous System

Dr. Nakahata's researches with glial cells (central nervous systems cells) suggest that Mangosteen could produce a therapeutic effect in both treatment and prevention of Parkinson's and Alzheimer's disease.

Skin

Mangosteen used for centuries to treat eczema, dermatitis, wounds, ringworm, acne, impetigo, and growth disorders of dermis (psoriasis or seborrhea) skin cancer and sun damage.

Folk Medicine Remedies (India, China, Malaysia, Philippines, etc.)

Antimicrobial/anti-inflammatory powers. Treating eczematous and hyperkeratotic skin conditions. In Caribbean, tonic for fatigue and malaise. Controlling fever.

Systemic Effects

Helps with **fatigue, low energy**. Used on persons with chronic fatigue and illness. From Dr. James Duke, perhaps America's foremost ethnobotanist. Retired in 1995. He worked for the USDA and University of Maryland. Prolific writer and created a phytochemical and ethnobotanical database. Mangosteen is listed with **138 separate benefits**. The following are the major benefits:

- **Anti-fatigue**
- **Anti-tumor and cancer prevention**
- **Anti-aging**
- **Anti-oxidant**
- **Anti-lipidemic** – blood pressure lowering
- **Anti-inflammatory** – prevents inflammation
- **Anti-ulcer** – prevents both stomach, mouth, and bowel ulcers
- **Anti-obesity** – helps with weight loss
- **Anti-atherosclerotic** – prevents hardening of the arteries
- **Anti-viral** – prevents or modulates fungal infections
- **Anti-depressant**
- **Anti-Alzheimers** – helps prevent dementia
- **Anti-arthritic** – prevention of arthritis
- **Anti-osteoporosis** – helps prevent the loss of bone mass
- **Anti-periodontic** – reduces/prevents inflammation and infection of gums
- **Anti-seborrhic** – prevents seborrhea (skin disease that causes dandruff)
- **Anti-calcultic** – prevents kidney stones
- **Anti-pyretic** – fever lowering
- **Anti-Parkinson**
- **Anti-diarrhea**
- **Anti-neuralgic** – reduces nerve pain (i.e. diabetic neuropathy of the feet, hands)
- **Anti-vertigo** – prevents dizziness
- **Anti-glaucomic** – prevents glaucoma
- **Anti-cataract** – prevents cataracts
- **Hypotensive** – blood pressure lowering
- **Immunostimulant** – multiple categories cited
- **Cardioprotective** – protects the heart
- **Analgesic** – prevents pain

There are many other benefits. To locate them from Dr. Duke's database, go to: www.ars-grin.gov/duke

For more information on how to order, contact

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